

Overview of the Fund

Total Funding Amount: £99,953

Aim: to empower people and carers receiving social care support and services to be equal partners in the and services to be equal partners in their care where they have real choice and control over their lives

Reach

Summary of the number of individuals supported in 2022-23:

Provided focused
support to
131
individuals



Supported
3
carers through
case work



Supported
52
cared for people
through case work

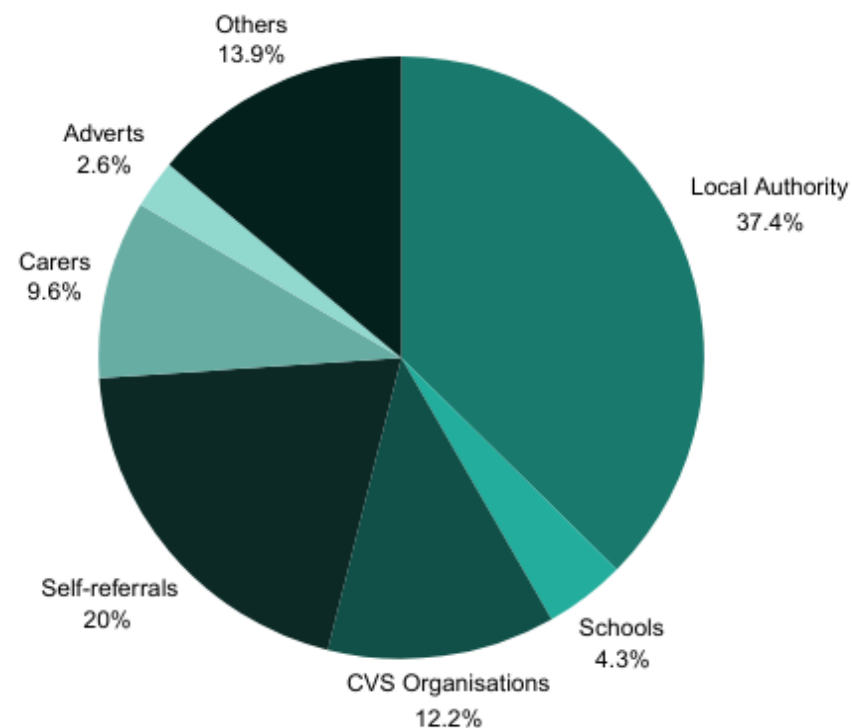


Supported
167
people with general
independent support
activities



Referral Routes

Most common referral routes to the SiRD programme in 2022-23:



Activity

Cost of Living Officer

The NLDF team supported people in the local community to access social supports through signposting them to the NLDF Cost of Living Officer. The Cost of Living Officer supported families with form filling, and empowering people to know their rights when navigating pathways to financial help, housing, home energy, and educational and social services.



Local Authority

NLDF have continued to host the SDS network meeting quarterly, which was attended by local authority. The local authority invited NLDF to sub-groups to inform them about the issues people are facing. NLDF continued to build relationships with key people in North Lanarkshire Council and involve them in the consultation process.

Cost of Living Events

NLDF attended local cost of living events organised by local carer organisations, and hosted a stall offering literature to attendees.

For example, the Winter Wellbeing Event which was aimed at NLDF members and offered them information and advice about services in North Lanarkshire. At this event, NLDF showcased some activity groups such as performing arts charity, FoolOn, who played instruments and sang to give people an idea of what the group involves. The Health and Wellness Hub also attended and gave free hand massages to attendees, and packs with gloves, hand cream and mindfulness books.

Activity

Personal Outcome and Social Care Planning

NLDF have provided:

- 1-to-1 support with case work and coaching
- Personal development training and group work
- Formal or informal advocacy
- Peer support
- Support to clarify or challenge decisions



Equals Advocacy have continued to provide advocacy support to people throughout their SDS journey.

Information Workshops

Equals Advocacy delivered two information workshops to partners at St Andrew's Hospice Outpatient and Wellbeing Group in November 2022. They also delivered a workshop at a Voice of Experience Forum event attended by older people in North Lanarkshire, and provided information at a North Lanarkshire Carers Together event.

Schools

NLDF attended a number of schools including ASN (additional support needs) in the reporting period. Bothwellpark High School, a local ASN school, invited NLDF to speak to parents. Most families had already accessed a budget for their young person, but were either interested in the transition process or how to change their budget as their young person was growing up. NLDF were able to provide information on the night, or take details and contact families after the event.



Support in the Right Direction

Flash Report

Year Four (2022-23)

Outcomes

Summary of people who have reported against the SIRD outcomes in 2022-23. Some changes were made to reporting in 2022-23:

- Some indicators for 2022-23 were revised, and are different from 2022-23 onwards.
- Outcome 1 was reported on in 2022-23 for the first time

Outcome 1:

People and carers are better prepared, confident to engage and contribute meaningfully to social care assessments and reviews.

3

Have developed a shadow care plan or personal outcome plan

55

Have been supported to prepare for a social work assessment or review (advocacy/ self-advocacy)

55

Have fed back that they have space to explore, or a better sense of, what matters to them

55

Have fed back that they can identify outcomes or know what they are

58

Have fed back that they know their worth and that their contribution is valid

58

Have fed back that they felt better able to participate in the assessment process

58

Have fed back that they were more informed, or have a clearer understanding of, the assessment and review process

55

Have fed back that they understand eligibility criteria and how it relates to personal circumstances

55

Have fed back that they know their rights

55

Have fed back that they felt they could contribute as an equal partner and participate or influence their assessment

29

Have changed their support package

54

Have been supported to challenge a decision

Outcomes

Equals Advocacy collect this information by monitoring referrals and outcomes for service users through the SIRD advocacy work stream. NLDF collect this information using a Contact Record Master sheet (see main report appendices)

Outcome 2:

People (including carers) feel more informed, listened to, and less stressed.

8

Have been supported through peer group sessions

115

Have fed back that they understand the process for accessing social care and feel more informed

76

Have been supported through case-work

115

Have fed back that they have had the opportunity to share their views, ask questions

76

Have fed back that they have been able to express what matters to them

115

Have fed back that they have received information about different local options

76

Have fed back that they feel their preferences have been considered

115

Are supported to manage their finances

115

Have fed back that they understand different coping and management strategies

115

Have fed back that they are happy with how their support is being managed

Support in the Right Direction

Flash Report

Year Four (2022-23)

Outcome 3:

People (including carers) can creatively and flexibly plan to achieve personal outcomes including accessing community assets

0 Have been supported with personal outcome planning

7 Have been supported with alternative uses of their budget

2 Have been supported through brokerage work

89 Have been signposted to other relevant community-based services, support or resources

0 Have been supported to recruit PA's

115 Have fed back that they know of a range of options they have to support them

115 Have fed back that they feel they have more (or have maintained) their independence

69 Have fed back that they feel more engaged or part of their community

69 Have fed back that they are trying new things (have joined new groups)

6 Who changed their options or taken up different forms of funding

7 Who are doing different things with their budgets (as opposed to traditional services)

2 Have been supported to put items in place to meet their outcomes

7 Have been supported to use creative methods to envisage different possibilities for the future

Support in the Right Direction Flash Report Year Four (2022-23)

Outcome 5:

People (including carers) have increased knowledge and understanding of self-directed support principles and options for social care

180 have accessed or received self-directed support information

125 Have discussed self-directed support and social care through enquiry lines / advice points

8 Have participated in basic self-directed support specific training

0 Have accessed independent support / referral increases

125 Have fed back that they know (have a better understanding of) what self-directed support is and what the principles and options mean for them

18 Have fed back that they can share what they have learnt about self-directed support with others

25 Have fed back that they know how to access a social care assessment*

*Locally in North Lanarkshire, this is delivered as the following:

- Childcare Assessment
- Community Care Assessment
- Adult Carer Support Plan or Young Carer Statement