



Children, Young People, and Families Community Mental Health and Wellbeing Fund

Impact and Learning Flash Report - Phase Four (2023/24)



Background

Funding for this initiative is provided by the Scottish Government to North Lanarkshire Council to increase capacity for community and voluntary sector organisations to support children and young people's mental health and wellbeing in their local community. Decisions about local funding priorities are taken by the North Lanarkshire school clusters. The fund aims to improve children and young people's mental health and wellbeing, with reference to the national 'SHANARRI' framework.

Many thanks to the funded projects and CIILs who provided information and to the VANL staff who prepared this report.

Please see the Community Solutions website for the full Impact and Learning report for Phase x.



Outcomes

Below are the total number of children and young people who reported against each SHANARRI outcome.

Achievements 20xx-xx



Awarded
£449.7k
of funding to
projects in Phase x

Awarded funding to
73
projects, delivered by
20
CVS organisations

Supported
2012
children and young
people and
160 families

Delivered in
90
primary schools and
20
high schools

Impact



Increased school
attendance

Improved emotional
regulation and
strategies for
managing emotions

Getting more
involved in the
activities

Schools reported
improvement in
behaviour

Enjoying more
time outdoors

Increased self-
confidence

Reduced anxiety
and more relaxed

Established
stronger peer
relationships and
friendships

More able to work
well with others

More able to open
up about how
they're feeling

Stronger
relationships
with parents

Improved
concentration

1689 young people felt **Safe**

1654 young people were **Healthy**

1720 young people were **Achieving**

1723 young people felt **Nurtured**

1713 young people were **Active**

1726 young people felt **Respected**

1656 young people felt **Responsible**

1719 young people felt **Included**