



Children, Young People, and Families Community Mental Health and Wellbeing Fund

Impact and Learning Flash Report - Phase Four (2023/24)



Background

Funding for this initiative is provided by the Scottish Government to North Lanarkshire Council to increase capacity for community and voluntary sector organisations to support children and young people’s mental health and wellbeing in their local community. Decisions about local funding priorities are taken by the North Lanarkshire school clusters. The fund aims to improve children and young people’s mental health and wellbeing, with reference to the national ‘SHANARRI’ framework.

Many thanks to the funded projects and CIILs who provided information and to the VANL staff who prepared this report.

Please see the [Community Solutions website](#) for the full Impact and Learning report for Phase x.



Outcomes

Below are the total number of children and young people who reported against each SHANARRI outcome.

Achievements 20xx-xx



Awarded **£449.7k** of funding to projects in Phase x

Awarded funding to **73** projects, delivered by **20** CVS organisations

Supported **2012** children and young people and **160** families

Delivered in **90** primary schools and **20** high schools

Impact



Increased school attendance

Improved emotional regulation and strategies for managing emotions

Getting more involved in the activities

Schools reported improvement in behaviour

Enjoying more time outdoors

Increased self-confidence

Reduced anxiety and more relaxed

Established stronger peer relationships and friendships

More able to work well with others

More able to open up about how they’re feeling

Stronger relationships with parents

Improved concentration

1689 young people felt **Safe**

1654 young people were **Healthy**

1720 young people were **Achieving**

1723 young people felt **Nurtured**

1713 young people were **Active**

1726 young people felt **Respected**

1656 young people felt **Responsible**

1719 young people felt **Included**