



Community Mental Health and Wellbeing Fund

Impact and Learning Flash Report - Phase Two (2023/24)

Background

In response to the mental health need arising from the COVID-19 pandemic, the Scottish Government launched the national Communities Mental Health and Wellbeing Fund. VANL manage distribution of the Fund through the Community Solutions Programme in North Lanarkshire. The Fund is aimed at supporting 'at risk' groups in North Lanarkshire through community-based mental health and wellbeing support for adults provided by the community and voluntary sector



Scottish Government
Riaghaltas na h-Alba



University
Health & Social Care
North Lanarkshire



Many thanks to the funded projects which provided information and to the VANL staff who prepared this report.

Please see the Community Solutions website for the full Impact and Learning report for Phase Two.

Outcomes

Outcomes reported are based on unique individuals



Achievements 2023-24



Awarded
£955k
of funding to
projects in Phase
Two

Awarded funding to
33
projects, delivered by
32
CVS organisations

Supported
12,999
unique individuals

Delivered
12,114
sessions of
161
activities

Funded Projects Feedback



'It has been a great experience to be one of the local charities benefitting from investment of this fund.'

'It has been great to witness a noticeable increase in participation within our group'

'A kinship carer recently stated "You have no idea the impact this project has on our boy, his mental health and his confidence"'

6,148 people felt more connected, included and safe

7,442 people's health and wellbeing improved

3,811 people felt more informed and aware

780 carers felt more informed and aware

3,408 carer's health and wellbeing improved

1,382 carers were more able to have a life outside of caring

6,346 children and young people's health and wellbeing improved

4,998 family relationships were strengthened

5,325 children, young people and families became more resilient