

# Carer Breather Phase Two Summary Report

April 2023-Sept 2023

## Overview of the Fund

**Funding period:** April 2023-March 2025

**Total funding amount:** £600K over two years

**Aim:** To enable community and voluntary organisations to enhance and extend regular and locally based support for carers, including:

- those providing care but who do not necessarily wish to identify with a carer's organisation
- carers currently unknown to formal services



**£543,301**

Total funding awarded

**£97,064**

Additional funding secured by  
funded projects

**11**

Funded projects supported,  
delivered by

**11** organisations



**63**

Total activities delivered

**6199**

Total sessions  
provided



## Localities supported



Airdrie  
Bellshill  
Coatbridge  
Motherwell  
Wishaw and Shotts  
NL-wide

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**1474**

Total carers supported

**1094**

Total cared for people and  
wider families supported

**381\***



Total individuals supported  
to meet Community  
Solutions outcomes

\*Not all individuals supported have  
reported on CS outcomes at this point



**64**

Volunteers supporting the Fund

**2679**

Volunteering hours

## 8. Feedback



‘I can really let go of all my  
responsibilities and just fully relax’  
- Carer, supported by the Haven

‘The biggest difference it made to  
me having complementary therapy  
was it helped me sleep. It gave  
me a sense of calm and really  
gave me a good night’s sleep, as  
a carer this was an  
incredible support’  
- Carer, supported by Parkinson’s Self Help  
Group NL

‘It was such a great opportunity, I  
would have never gone into some-  
where like that on my own’  
- Carer, supported by Bazooka Arts