

# Community Mental Health and Wellbeing Fund

## Summary Report

Period covered: April-September 2023

### 1. Overview of the Fund

**Funding period:** April 2023-March 2024

**Total funding amount:** £955k

**Aim:** To support 'at risk' groups in North Lanarkshire through community-based support provided by the community and voluntary sector, thus enabling:

- Improved mental health and wellbeing
- Reduction in mental health inequalities
- Reduction in stigma around mental health and illnesses



**£953,871**

**2. Total funding awarded**

**£891,416**

**2.1 Additional funding secured by funded projects**

**33**

**3. Funded projects supported**

**£28,905**

**3.1 Average funding award**



**187**

**4. Total activities delivered**

**4614**

**4.1 Total sessions provided**



### Localities supported



North Lanarkshire wide, with projects in:

- Airdrie
- Bellshill
- Coatbridge
- Motherwell
- The North
- Wishaw and Shotts

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**15,530**

**5. Total individuals supported so far**



**4451**

Adults



**375**

Carers

**2879**

Children, Young People and Families

**6. Total individuals supported to meet Community Solutions outcomes**



**308**

**7. Volunteers supporting the Fund so far**

**14,009**

**7.1 Volunteering hours**

### 8. Feedback



'Don't know if you all truly understand the support you give makes such a difference to the young people and their families'.

**- Parent, YMCA Bellshill**

'I brought my mum and aunt and some of their friends to Made4uInML2 in June. We were made very welcome. It's a great way to get to know people in our community and the cost is very affordable. Staff are very professional, caring and great banter. This is a fantastic inclusive organisation supporting all ages ....thank you so much for your support and kindness'

**- Service User, Made4UinML2**

'The feedback has been this intervention is invaluable to their clients, carers/families where music has benefited everyone affected by dementia.'

**- Post Diagnostic Support Worker in North Lanarkshire, Playlist for Life**

Please note, as this report summarises the first 6 months of activity, not all individuals supported have reported on section 5, 6 and 7.