

**Community Mental Health and Wellbeing Fund**

**Phase 1 (2022-23) - Impact and Learning Report**





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\*A complementary report with more information on all funded projects is available.

**1. Introduction**

**1.1 Purpose**

The purpose of this report is to share the impact and learning from projects funded in Phase One of the Community Mental Health and Wellbeing Fund (CMHWB).

**1.2 Fund Phases**

Phase One of the CMHWB Fund was established in late 2021.

|  |  |  |
| --- | --- | --- |
| Phase  | Date | Funding  |
| Phase One | Nov 2021 – Mar 2023 | Total Custodian Funding  | £1,670,000 |
|  |  | VANL Delivery Costs | £71,000 |
|  |  | **Total Funding**  |
|  |  | £1,741,000 |

**1.3 Aims**

The CMHWB Fund is a funding initiative aimed at supporting “at risk” groups in North Lanarkshire through community-based mental health and wellbeing support for adults provided by the community and voluntary sector (CVS).

Phase One of the Fund had a particular focus on:

* Tackling priority issues within the Scottish Government’s [COVID-19 Mental Health](https://www.gov.scot/publications/mental-health-scotlands-transition-recovery/) [Transition and Recovery Plan](https://www.gov.scot/publications/mental-health-scotlands-transition-recovery/) such as suicide prevention, social isolation and loneliness, prevention and early intervention
* Addressing the mental health **inequalities exacerbated by the pandemic** and the needs of a range of ‘at risk’ groups locally
* Supporting **small ‘grass roots’ community groups** and organisations to deliver such activities
* Providing **opportunities for people to connect** with each other, build trusted relationships, and revitalise communities
* Supporting **recovery and creativity** locally by building on what is already there, what was achieved through the pandemic, and by investing in creative solutions

**1.3.1 Outcomes**

The Fund seeks to contribute to the four key areas of focus from the Scottish Government’s COVID-19 [Mental Health Transition and Recovery Plan](https://www.gov.scot/publications/mental-health-scotlands-transition-recovery/):

* Promoting and supporting the conditions for good mental health and wellbeing at population level
* Providing accessible signposting to help, advise and support
* Providing a rapid and easily accessible response to those in distress
* Ensuring safe, effective treatment and care of people living with mental illness

The Fund also supports the Community Solutions outcomes for adults:

* Improved mental health and wellbeing
* Reduction in mental health inequalities
* Reduction in stigma around mental health and illness

**1.3.2 Objectives**

* To develop a culture of mental wellbeing and prevention within North Lanarkshire and across Scotland with improved awareness of how we can stay well and help ourselves and others
* To promote and support the conditions for good mental health and wellbeing at population level
* To provide accessible signposting to help, advice and support
* To provide a rapid and easily accessible response to those in distress
* To ensuring safe, effective treatment and care of people living with mental illness

**1.4 Funding and Fund Management**

In response to the mental health need arising from the COVID-19 pandemic, the Scottish Government launched a national fund – the [Communities Mental Health and Wellbeing Fund](https://www.gov.scot/publications/communities-mental-health-wellbeing-fund-year-1-2021-22-national-fund-guidance/). The Scottish Government asked the 32 Third Sector Interfaces (TSIs) in Scotland – of which Voluntary Action North Lanarkshire (VANL) is the interface for North Lanarkshire – to manage the funding on their behalf. VANL manage distribution of the Fund through the Community Solutions Programme

VANL supports this Fund as part of the wider Community Solutions Programme, which VANL hosts and manages on behalf of [Health and Social Care North Lanarkshire.](https://hscnl.org.uk/)

**1.5.1 Funding Awards Process**

An open call for applications was issued to the sector. Applications were then submitted to Voluntary Action North Lanarkshire (VANL) and assessed against eligibility criteria by a funding panel consisting of representatives from VANL, NHS Lanarkshire staff, and North Lanarkshire Council (NLC).

Funding was awarded to 42 organisations for 53 projects. Please see Appendix B for a full list of funded CVS projects for Phase One.

**1.6 Evaluation, Learning and Improvement**

**1.5.1 Approach**

The Fund’s approach to evaluation, learning, and improvement is guided by the Community Solutions Performance Management, Evaluation, Learning and Improvement Framework (PMELI). The Framework sets out the Community Solutions Programme’s approach to performance management, evaluation, learning, and improvement to support funded projects and the programme as a whole. The Framework also sets out standardised measures and relevant supports to help funded projects make the most of their findings.

In line with the Framework, funded CVS organisations are required to assess the reach and impact/outcomes of their work, and capture and share learning to inform improvements to their service and/or activities, and where possible to other funded projects, the wider CVS, and the Health and Social Care system. Using the framework, VANL staff support funded projects to undertake ongoing evaluation to facilitate learning and improvement both during and at the end of project delivery.

**1.5.2 Performance Data and Method**

Funded projects are required to capture and share with VANL key information on the following:

* Type of support provided – activities
* Numbers of unique individuals supported – reach
* The difference this support made to those receiving support – outcomes.

Funded projects are also asked to measure their project outcomes using the Community Solutions outcomes outlined in Section 1.3.1.

Funded projects collect this data at points prior to, during, and post project delivery using a range of different methods, including:

* Written surveys; online or via the phone
* Verbal feedback
* Observations
* Self-assessment methods such as the [Warwick-Edinburgh Mental Wellbeing Scale](https://warwick.ac.uk/fac/sci/med/research/platform/wemwbs/)
* ‘What’s Important Now’ (WIN) holistic needs-analysis

Funded projects use this data to complete evaluation forms which are submitted to VANL at the three, six- and twelve-month mark of the projects. Three-month progress reports were introduced as this was a new Fund. The purpose of the three-month form was to allow funded projects to identify any issues with project delivery at the earliest possible opportunity, so VANL could appropriately support them to resolve any issues and plan the next steps together.

VANL also hosted two Learning and Improvement events for representatives from funded projects, in November 2022 and August 2023. The purpose of these events is to collect feedback from funded projects on their experience of the Fund. This feedback informs the delivery of future fund phases and service delivery for projects.

Data from evaluation forms and Learning and Improvement events is used to prepare Impact and Learning reports for each phase.

**1.7 Policy Context**

In February 2021, the Scottish Government announced an additional £120 million for a [Recovery and Renewal Fund](https://www.gov.scot/publications/nhs-recovery-plan/pages/9/), to realise the commitments set out in the [Mental Health Transition and Recovery Plan](https://www.gov.scot/publications/mental-health-scotlands-transition-recovery/). This funding was announced in response to the mental health need arising from the COVID-19 pandemic. The CMHWB Fund is part of the wider Recovery and Renewal Fund plan. The Fund builds on the Transition and Recovery Plan’s focus on wellbeing and prevention by providing significant investment into community support for adults.

**Many thanks to the funded projects which provided information and to the VANL staff who prepared this report.**

**2. Overview of Phase One: Reach and Impact**

**2.1 Funded Projects and People Supported – Figure One**



**2.2 Summary of Reported Community Solutions Outcomes**

This information is collected by funded projects using self-assessment from the people their projects support, through methods such as written pre- and post-support surveys, and verbal feedback.



**3. Learning**

**3.1 Phase One Learning and Improvement Event**

VANL hosted two Learning and Improvements event during Phase One for funded organisations - in November 2022 and August 2023. A total of 25 out of 42 organisations participated. The purpose of the events was to:

* Facilitate open discussion to promote and support learning and improvements, both to collaboration and the management of the fund, and current and future services
* Focus on solutions to identified challenges
* Inform planning for Phase Two

The event structure involved a group discussion using the following prompts:

* What successes have you had over the previous phase?
* What challenges have you faced over the previous phase?
* What changes could VANL make to benefit the delivery of the fund?

Feedback from these discussions was analysed by VANL staff, with a summary of key themes presented below:



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**3.2 Unexpected Positive Outcomes**

In addition to their planned outcomes, funded projects were asked to identify positive but unexpected outcomes.

**3.2.1 Bazooka Arts – Connect Access and Connect Community**

The project realised they could better support their service users by allowing them to move between their two projects. Service users were able to access the support they needed at the most appropriate time, progress on their own terms, use their own agency to achieve their ambitions, and develop new skills.

**3.2.2 FAMS – Moving Forward**

An unexpected outcome FAMS identified was that people were enthusiastic in looking for ‘outside the box’ ways to manage their mental health, and had a strong desire for more information and knowledge about holistic therapies and mental health management. The project was also surprised by the compassion and support between service users who were struggling. Many services users said they wanted to give back and help others, which positively impacted their mental health and wellbeing.

**3.2.3 Getting Better Together – The Parent Journey**

Getting Better Together (GBT) found that the project enabled people to create new support networks. Feedback from service users and observations from staff highlighted that people who attended sessions together built up positive relationships with each other. Many parents that attended the antenatal sessions formed friendships and started to attend other GBT sessions together, and socialise outside of the project.

‘90% of parents reported that they had built strong relationships with their peers and GBT staff’

* Feedback from Getting Better Together

**3.2.4 New Opportunities – New Opportunities Project**

In September 2022, the organisation led a community walk following a discussion with a woman struggling with weight she has gained during the pandemic. The woman had lost confidence socially and her mental and physical health were deteriorating. Ten walkers took part in the walk. After this first walk, all walkers reported feeling in better spirits and wanted to organise another outing. Since then, a weekly walk-and-talk group has developed with 29 adults taking part.

**3.2.5 PAMIS – Wellbeing Project**

The project was able to offer families who were struggling financially with vouchers provided to them through Clyde 1’s Mission Christmas Appeal.

**3.3 Other Feedback from Funded Projects**

Below is highlighted additional selected feedback from funded projects, which was provided in the monitoring and evaluation reports submitted to VANL.

‘The light touch approach of the funding and the ability to provide flexible and demand responsive activities has been incredibly useful, grassroots community organisations really need this type of funding to fill the gaps in statutory provision.’

* Cloudberry Communities

‘The fund is creative in permitting mental health supports in a manner which people can relate to, have easy access to and is non-clinical. The project allows for people to develop and design their own support to meet their own need. This fosters ownership and encourages participation.’

* Glenboig Development Trust

‘We have found the fund to be very clear and helpful in setting out its application and reporting requirements. We are also very grateful for the useful communications from VANL and have found the NL Mental Health Network a valuable source of information and networking.’

* Cruse Bereavement

‘The biggest achievement of the project has been identifying new needs and aspirations amongst our community - the new therapeutic film and movement workshops will really benefit our participants going forward.’

* Bazooka Arts

‘This funding has enabled us to provide a range of programmes that are essential to our community and give us as an organisation a level of sustainability. We have also been able to engage with members of the community we would not normally meet and they are now utilising our other services and groups due to this.’

* Kirkshaws Neighbourhood Centre

‘The fund so far has not only undoubtedly been invaluable to the participants but also to the participants family members and the wider community. We still fully recognise the impact the COVID-19 pandemic has had on people, specifically their mental health and wellbeing. This is still a persistent concern and people remain very anxious; however, the peer mentoring element of the project is invaluable in this respect. People are very much encouraged and willing to openly talk to their peers about any anxieties, worries, fears or concerns they might have and this in turn gives a foundation for us to build on.’

* LAMH

‘The fund has enabled us to expand on the services we already provided. This expansion would not have been possible without the financial support of the fund and we are grateful for the level of support we have been given. The experience we have gained from our project has been immense and we are grateful that we have been able to engage with people and provide an environment for them to express the difficulties and fears they encounter. We have been amazed at the openness of people outlining the mental health and wellbeing issues that they encounter every day and witnessed a change in many who have been impacted by the fund.’

* Drumpellier Christian Fellowship

**4. Future Phases**

**4.1 Phase Two**

Informed by the learning of Phase One, plans for Phase Two were announced in Summer 2022. During late 2022, applications were sought from eligible CVS organisations, for launch in May 2023. The schedule for Phase Two is as follows:

|  |  |
| --- | --- |
| **Action** | **Date** |
| **Application Launch** | November 2022 |
| **Application Closing Date** | December 2022 |
| **Award Decision Date** | February 2022 |
| **Award Letters Issued** | March 2022 |
| **Projects Delivered** | April 2023 – March 2024 |
| **Mid-project Evaluation Report** | October 2023 |
| **End-of-project Evaluation Report** | June 2024 |
| **Total Funding** | £1,026,000 |
| **Total Custodian Funding** | £955,000 |

**5. Appendices**

**Appendix A Highlights from Six Funded Projects**

All Phase One funded projects completed and returned monitoring and evaluation forms to VANL, which were analysed to demonstrate the impact their services/activities achieved with the people supported. Summaries from six funded projects’ evaluation reports are provided below, with summaries for all funded projects provided in a supplementary report.

**A.1 Cruse Bereavement – Bereavement Support**

**Aim –** To support bereaved people to find strategies to cope with their grief and feel less isolated

**Service/Activity –** 1-to-1 listening and support sessions and immediate listening, advice, and information

**Reach –** 442 people

**Evaluation Method**

* ‘Client Voices’ focus group – a group made up of 20 members (who used Cruse’s services) to collect feedback to inform improvements
* [Warwick Edinburgh Mental Wellbeing Scale](https://warwick.ac.uk/fac/sci/med/research/platform/wemwbs/using/register/resources/user_guide-june_2020_v4.pdf) (WEMWBS)
* Written survey

**Outcomes**

This project has:

* Delivered 294 listening and support sessions (more than six months on from their bereavement) which helped 49 bereaved people to cope with their grief and feel less isolated
* Delivered 62 early support sessions for 37 adults (within the first six months of their bereavement) to help them build resilience
* Offered immediate advice and information to 356 adults to help them better understand their grief, and signpost to specialist support if needed
* Attended the North Lanarkshire Mental Health Network and other local relevant bereavement and mental health forums

**Learning**

* From their WEBWMS evaluation:
	+ 87% of Cruse’s clients said they felt less lonely and isolated
	+ 90% of their clients agreed their wellbeing had significantly improved
* From their written survey:
	+ 80% said Cruse’s advice and information helped them understand their grief
	+ 95% agreed Cruse provided reassurance that their feelings were a normal reaction to grief
	+ 90% understood how to access further support if needed
* Over the past year, Cruse have seen an increase in people coming to them with more complicated grief and additional support needs. With more people also requiring sessions with their highest skilled volunteers, Cruse will invest in more volunteer training.

**A.2 Deafblind Scotland – Don’t Worry Be Happy**

**Aim –** To support isolated and vulnerable deafblind people living in North Lanarkshireto improve mental health and wellbeing

**Service/Activity –** Making wellbeing contact with deafblind people in North Lanarkshire

**Reach –** 12 people who are deafblind

**Evaluation Method**

* Wellbeing survey at the beginning and end of the project
* Informal verbal feedback

**Outcomes**

This project has:

* Made 43 wellbeing phone calls, lasting between 1.5-2 hours
* Held 5 video calls with service users
* Made 2 extended home visits
* Provided wellbeing support packs to all members, which include breathing space tips, hot chocolate sachets, fleece blankets, lavender pillow spray, and mental health promotion resources
* Trained 21 staff in Adult Support and Protection training

**Learning**

The findings from their wellbeing survey show:

* Before project delivery, when asked ‘on a scale of 1-10, 1 being lowest and 10 being highest, how were you coping before we started contacting you?’ the average answer was 1.3/10.
* After the project ended, when asked ‘on a scale of 1-10, again 1 being lowest and 10 being highest, how are you coping now we are making contact?’, the average answer increased to 6.3/10
* Average scores for loneliness increased from 2.5/10 before contact, to 6.3/10 after contact was established.
* Average scores for general mood before contact was 1.5/10, which increased to 6.6/10 after contact was established.

**A.3 Lanarkshire Association for Mental Health (LAMH) – Wishaw Wellbeing**

**Aim –** To provide a supportive environment for individuals to express needs and interests whilst participating in activities to improve health and wellbeing

**Service/Activity –** Wellbeing classes and food-related events

**Reach –** 3201 people

**Evaluation Method**

* Questionnaires
* Focus groups
* Ongoing verbal feedback

**Outcomes**

This project has:

* Delivered 415 wellbeing classes for 3120 people – topics were chosen by service users and include yoga, aerobics, pottery, mindfulness, colouring, container gardening, chat café, confidence and self-esteem, and drawing
* Held 12 food-related events for 81 people – the events targeted a specific marginalised group each event, invited them into the café to have a food event based on their own specific needs, and used the event to speak with them about their unique needs and challenges regarding mental health and wellbeing

**Learning**

* The project led to a new LGBTQIA+ support group being established offering peer support in relation to health and wellbeing

**A.4 MADE4U IN ML2 – Wellbeing in ML2: Adults and Older People**

**Aim –** To provide physical and leisure wellbeing activities for vulnerable older adults, adults, and families

**Service/Activity –** Programme of daily wellbeing activities including dance classes, befriending, emergency food support, community café and meals, bingo, and more

**Reach –** 1450 people

**Evaluation Method**

* Focus groups
* Partner feedback
* 1-to-1 verbal feedback
* Attendance numbers

**Outcomes**

This project has:

* Delivered 10 mixed movement dance classes with 19 people, and made 1322 befriending calls to 255 people, by engaging with people with long-term health conditions or disabilities through referrals from local residential homes, social work, and word-of-mouth
* Held 23 older persons lunch clubs with 14 people
* Hosted 31 chatty cafes and 7 ‘welcome Wednesday’ drop-in sessions, providing a low-cost hot meal and place for people to chat and attend mental health related talks from other organisations
* Provided 23 meal services to 84 people, providing low cost meals to vulnerable people who were not eating or struggling to eat
* Supported 166 people to attend 47 walking groups, 11 men’s walking groups, 40 craft groups and 2 community trips
* Hosted 47 bingo games
* Held a Christmas lunch which supported 55 people, a Christmas dinner for 212 people, and provided Christmas hampers to 95 people

**Learning**

* 80% of people who attended the lunch club said that it improved their health and wellbeing
* The community café was started as the organisation noticed that people from the walking group needed space to finish important and meaningful conversations, and to support people with social isolation. The space was also created in response to the cost of living crisis as it allows people to get something to eat at a low cost
* The organisation did not expect to make home visits as part of their befriending activities, however they realised that it was a necessary service for them to provide to some of their most vulnerable service users

**A.5 Maggie’s Lanarkshire – Wellbeing Sessions**

**Aim –** To support people who have been diagnosed with cancer and/or a long-term health condition or disability to manage treatment and support themselves with the use of various relaxation techniques

**Service/Activity –** Delivery of psychological wellbeing workshops, courses, and groups by a trained psychologist

**Reach –** 154 people with cancer and/or long-term condition diagnoses

**Evaluation Method**

* Pre- and post-activity questionnaires
* Informal verbal feedback collected by staff from service users
* Attendance numbers

**Outcomes**

This project has:

* Supported 1505 total visits to the Maggie’s Lanarkshire centre
* Delivered stress management courses to 29 people, totalling 91 visits to the centre
* Delivered the ‘Living Well When Cancer Can’t Be Cured’ course to three people, totalling 15 visits
* Held a bereavement support group with 15 people, totalling 96 visits to the centre
* Delivered cognitive rehab sessions with seven people, totalling 32 visits to the centre
* Taught meditation techniques to 15 people, totalling 229 visits to the centre

**Learning**

* Maggie’s found that people found the opportunity to connect with others face-to-face to be valuable
* Maggie’s held an annual audit in 2022, and found that of the 68 people who responded, 100% said Maggie’s had helped improve their ability to reduce their stress, and 98% said that Maggie’s helped them feel less alone

**A.6 Motherwell Foodbank – Motherwell Foodbank @ Maranatha**

**Aim –** To provide food and toiletries to people in need

**Service/Activity –** Foodbank and free café

**Reach –** 6760 people

**Evaluation Method**

* Number of referrals and food parcels issued per week
* Record of family size for each referral

**Outcomes**

This project has:

* Processed around 15-20 referrals every week, which are fulfilled on a Monday and Thursday, or urgently out of hours collection is arranged if required
* Managed walk ins during Monday and Thursday’s opening hours
* Been supported by 18 volunteers per week

**Learning**

* At the start of the project, the foodbank was giving out around 30 food parcels per week. By the end, they were handing out around 110 food parcels per week. The number of volunteers and number of volunteering hours has had to increase to support this
* In one three-hour spell, the foodbank had 98 people drop in which is too many for the foodbank to cope with. They have now restricted service users to attending twice per calendar month without a referral

**Appendix B – Summary of All Funded Projects**

|  |  |  |  |
| --- | --- | --- | --- |
| **Organisation** | **Project** | **Total Funding Award****(£)**  | **Number of Unique Individuals Supported** |
| B.1 Airdrie Citizen's Advice   | Action Beyond Courage  |   41,081   | 253 |
| B.2 Bazooka Arts  | Connect Access  |   38,276   | 75 |
| Connect Community  |   48,653   | 106 |
| B.3 Bipolar Scotland  | Enabling Groups  |   10,106   | Delivering 2023-24 |
| B.4 CACE   | Groups  |   50,000  | 300 |
| B.5 Cloudberry Communities   | Natural Connections  |   38,000  | 191 |
| B.6 Community Action Newarthill   | Summer Programme  |   11,034  | 50 |
| B.7 Conservation Volunteers   | Natural Connections Legacy   |   40,975    | Delivering 2023-24 |
| B.8 Cruse Bereavement   | Bereavement Support   |   10,654   | 442 |
| B.9 Cumbernauld FM   | Living History   |   35,584   | 37 |
| B.10 Deaf Services Lanarkshire  | Wellbeing Activities   |   23,452   | 66 |
| **Organisation** | **Project** | **Total Funding Award****(£)**  | **Number of Unique Individuals Supported** |
| B.11 Deafblind Scotland   | Don't Worry Be Happy   |   10,073   | 12 |
| B.12 Drumpellier Christian Fellowship   | Townhead Community Hub   |   37,060  | 45 |
| B.13 The Fair Play Foundation   | Active8   |   20,530   | Delivering 2023-24 |
| B.14 FAMS Charity    | Moving Forward    |   35,370    | 1146 |
| B.15 Forgewood Housing Co-operative   | Taking Steps    |   44,484    | 674 |
| B.16 Getting Better Together    | The Parent Journey   |   26,649   | 228 |
| Active Lifestyles   |   15,000   | 145 |
| B.17 Glenboig Development Trust      | Mentoring Futures   |   47,675   | 30 |
| Garden Project   |   49,584   | 334 |
| Stop the World   |   47,117   | 30 |
| B.18 Health and Wellness Hub   | Transforming Lives    |   47,902    | 21 |
| **Organisation** | **Project** | **Total Funding Award****(£)**  | **Number of Unique Individuals Supported** |
| B.19 Hope Community Garden Project    | Garden Project   |   10,880   | Unknown |
| B.20 Kirkshaws Neighbourhood Centre   | Health & Wellbeing Project  |   21,214  | 1480 |
| B.21 Lanarkshire Association for Mental Health    | Wishaw Wellbeing     |   32,020     | 3201 |
| B.22 LAMH Recycle      | Personalised Community Support with Peer Mentoring   |   50,000     | 24 |
| B.23 MADE4U IN ML2   | Wellbeing in ML2: Adults and Older People   |   48,834    | 1450 |
| B.24 Maggie's Lanarkshire    | Wellbeing Sessions    |   18,848    | 154 |
| B.25 Motherwell FC   | The Well Hub    |   18,000   | 101 |
| B.26 Motherwell Foodbank   | Motherwell Foodbank @ Maranatha   |   31,304  | 6760 |
| B.27 New Opportunities Project  | New Opportunities Project    |   31,239    | 361 |
| **Organisation** | **Project** | **Total Funding Award****(£)**  | **Number of Unique Individuals Supported** |
| B.28 North Lanarkshire Recovery Community   | Peace of Mind Therapies    |   10,300    | 627 |
| B.29 One Parent Families Scotland     | Cumbernauld    |   37,684    | 431 |
| Airdrie  |   37,684  |
| Motherwell and Bellshill   |   37,684   |
| B.30 PAMIS (people with profound and multiple learning disabilities)   | Wellbeing Project      |   12,037     | 307 |
| B.31 Parkinson’s Self-Help Group   | Nurture, Develop and Grow    |   11,045    | 37 |
| B.32 Rivals School of Martial Arts   | Food for thought    |   30,000    | 300 |
| B.33 Scottish Huntington’s Association   | National HD Specialist   |   10,188  | 76 |
| B.34 Socialtrack   | Active Travel for Mental Health    |   50,000  | 134 |
| **Organisation** | **Project** | **Total Funding Award****(£)**  | **Number of Unique Individuals Supported** |
| B.34 Socialtrack   | Free Your Inner Child   |   49,000   | 74 |
| B.35 Street Soccer Scotland  | Positive Change Through Football   |   10,593  | 322 |
| B.36 The Haven (Carers’ Support)  | Cumbernauld, Coatbridge, Airdrie   |   39,700  | 12 |
| Wishaw & Shotts, Motherwell, Bellshill   |   39,700  | 16 |
| B.37 The Miracle Foundation  | Encouraging Growth & Resilience Mental Health Workshops   |   46,835  | 100 |
| B.38 Venture Scotland   | Challenge Yourself, Discover Yourself   |   49,931  | 16 |
| B.39 Veterans Community Lanarkshire    | Veterans Community  |   17,500  | 210 |
| B.40 Viewpark Conservation Group  | Mental Health and Greenspace Project  |   46,100    | 114 |
| B.41 Windmills(Community Café supporting training and employment of  | connect@windmills    |   10,000    | 20 |
| **Organisation** | **Project** | **Total Funding Award****(£)**  | **Number of Unique Individuals Supported** |
| people with Learning Disabilities)    | familycook-in@windmills 1 |   27,800  | 30 |
| skills@windmills 1  |   48,400   | 46 |
| B.42 Bellshill & Mossend YMCA   | Virtual Wellbeing Space     |   19,020    | 30 |
|  | **TOTAL** | **1,632,727** | **22,414** |

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